

SPRING 2019 TRAINING MATRIX - NORTH

MONDAY

5:00-6:30

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
Morman - 10B Academy	Gamble - 10G Academy	Tharp - 08B Academy	Bradley - 07B Nike	Ryan - 08G Academy
				Hampton - Goalkeeping
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
Patridge - 09B Academy	Dressback - 09G Academy			

6:30-8:00

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
		Archard - 07B Premier	DiTullo - 07G Premier	Ryan - 07G SCCL
		Bradley - 07B Select		Hampton - Goalkeeping
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
		Parks - 05G ECNL	Gamble - 05G Premier	
			Cheno - 05B Premier	

TUESDAY

5:00-6:30

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
		Archard - 07B SCCL	Vansword - 06B Select	Hampton - Goalkeeping
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
SAQ/ACL Prevention		Cochran - 05B ECNL	Doran - 06G ECNL	
		Peral - 05G SCCL		

6:30-8:00

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
			Vansword - 06B Premier	Hampton - Goalkeeping
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
SAQ/ACL Prevention		Cochran - 06B ECNL	Archard - 06B SCCL	
		Hampton - 06G SCCL	Negrete - 05B SCCL	

SPRING 2019 TRAINING MATRIX - NORTH

WEDNESDAY

5:00-6:30

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
Morman - 10B Academy	Gamble - 10G Academy	Tharp - 08B Academy	Game Night	Ryan - 08G Academy
				Hampton - Goalkeeping
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
Patridge - 09B Academy	Dressback - 09G Academy		Game Night	

6:30-8:00

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
	Cheno - 05B Premier	Archard - 07B Premier	Game Night	Ryan - 07G SCCL
		Hampton - Goalkeeping		DiTullo - 07G Premier
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
		Parks - 05G ECNL	Game Night	
		Gamble - 05G Premier		

THURSDAY

5:00-6:30

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
		Archard - 07B SCCL	Vansword - 06B Select	Bradley - 07B Select
				Hampton - Goalkeeping
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
		Cochran - 05B ECNL	Doran - 06G ECNL	
		Peral - 05G SCCL	Cheno - 05B Premier	

6:30-8:00

RDA (7v7)	RDB (7v7)	Brock A (9v9)	Brock B (9v9)	Daniel (9v9)
			Vansword - 06B Premier	Bradley - 07B Nike
				Hampton - Goalkeeping
RDC (7v7)	RDD (7v7)	Field 5 (11v11)	Field 6 (11v11)	
		Cochran - 06B ECNL	Archard - 06B SCCL	
		Hampton - 06G SCCL	Negrete - 05B SCCL	