

FALL 2018 TRAINING MATRIX

MONDAY

4:45-6:15	5:30-7:00					
Field 6	Field 1	Field 2	Field 3	Field 4	Field 5	Heardmont
					Graham - 06B South (5:00-6:30)	

6:15-7:45	7:00-8:30					
Field 6	Field 1	Field 2	Field 3	Field 4	Field 5	Heardmont
					Dakis - 02B South	

TUESDAY

4:45-6:15	5:30-7:00					
Field 6	Field 1	Field 2	Field 3	Field 4	Field 5	Heardmont
Hampton - Goalkeeping (5:00-6:00)						

6:15-7:45	7:00-8:30					
Field 6	Field 1	Field 2	Field 3	Field 4	Field 5	Heardmont
Patridge - 09B/G Academy						
Patridge - 08B/G Academy						
Hampton - Goalkeeping (6:00-7:00)						

WEDNESDAY

